



## Bible Verse

And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers. Acts 2:42

## Catechism

### THE SACRAMENT OF THE ALTAR

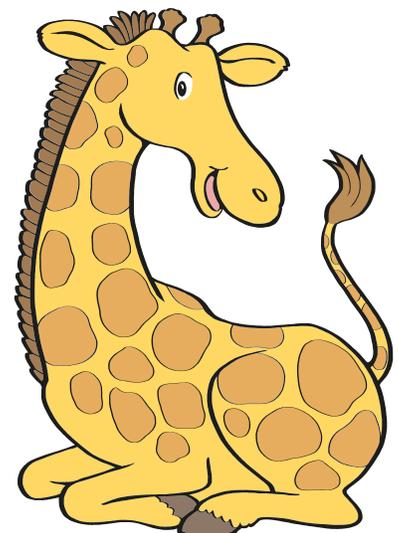
What is the benefit of this eating and drinking?

These words, "Given and shed for you for the forgiveness of sins," show us that in the Sacrament forgiveness of sins, life, and salvation are given us through these words. For where there is forgiveness of sins, there is also life and salvation.

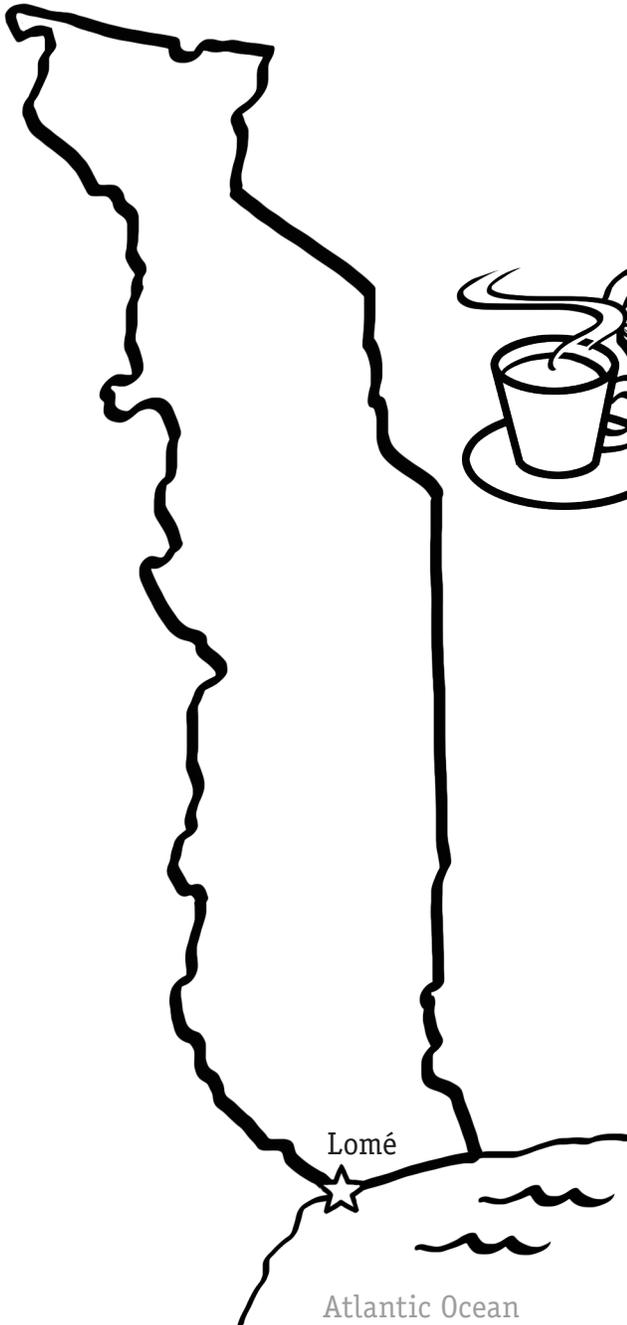
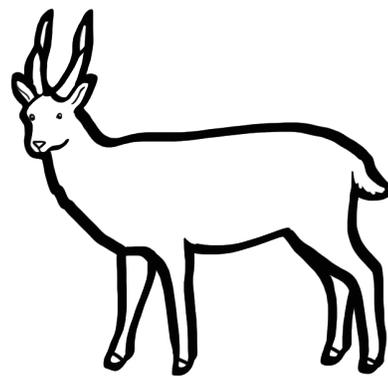
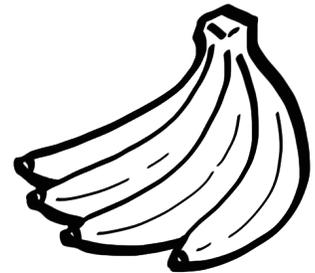
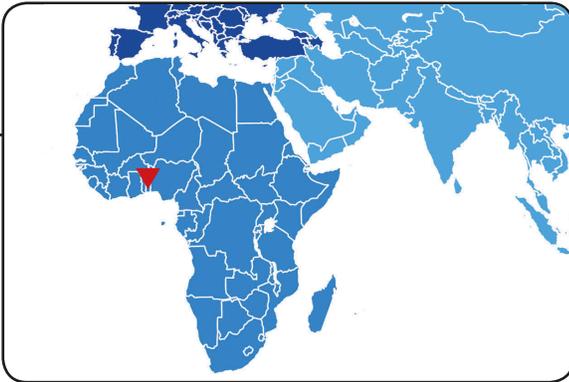
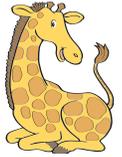
## Mission Moment

Jesus never leaves His Church. His Church is not a building but rather the communion of saints, all believers in Jesus. He gives His Church His Holy Word and Sacraments, where He comes to us to be with us, near us, and to save us. Our missionaries in Togo serve God in this country by helping to train local pastors so they can go throughout the countryside and proclaim God's Word to people and establish congregations where His Sacraments might be given. In the Sacrament of the Altar (the Lord's Supper), we especially receive forgiveness of sins, life, and salvation. It is wonderful that God is with His Church in Word and Sacraments through the work of our pastors and missionaries who serve in His name!

Togo



# Togo



- Lomé, the capital city, is on the coast of the Gulf of Guinea and home to over 1 million people.
- Togo is home to many culturally diverse tribes; Ewe, Mina, and Kabre are the largest ones.
- The official language of Togo is French, used primarily for official business. The people of Togo also speak their native tribal languages.
- Coffee and cacao (from which chocolate is made) are two of Togo's major exports.



## RECIPE

## Togolese Baked Bananas

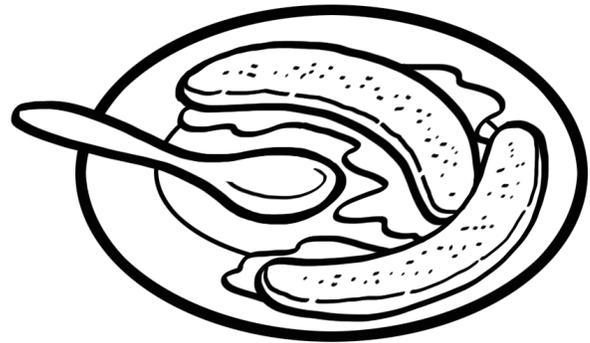
Yield: 4–8 servings

### Ingredients:

- 4 large bananas, ripe but firm
- 2 teaspoons lime juice
- 2 teaspoons brown sugar
- ¼ cup heavy cream

### Directions:

- Heat oven to 350°F. Place the unpeeled bananas on a baking sheet or in a shallow pan. Bake for 20 minutes, until the skins are brown.
- Remove the bananas to serving plates.
- Make two slits along the length of each banana and pull back and remove a strip of the peel to reveal the banana.
- Squeeze ½ teaspoon of lime juice over each fruit and sprinkle with brown sugar.
- Ladle 1 tablespoon of cream over each fruit.



Togolese food is influenced by African, French, and German cuisine.

## Togolese Work Drum

### Materials:

- Boxes or cartons with lids
- Butcher paper
- Tape
- Construction paper
- Rubber bands
- Tempera paint and paintbrushes
- Scissors
- Assorted craft items for decorating

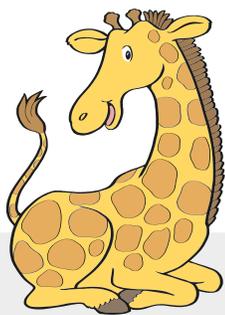
### Instructions:

1. Cut butcher paper to cover the sides of the container.
2. Paint the paper.
3. Tape the lid to the container. Cover the top with construction paper cut into a circle. Allow one inch to hang from the edge of the top.
4. Wrap the construction-paper cover with a rubber band to hold it in place.
5. Decorate using colored pens, beads, feathers, raffia, glitter, and sequins.

Drums can be used to set the rhythm of work for those working in the fields.



## CRAFT



# mission FRIENDS

## Become a Missionary Friend at Home

### Togo



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#### Catechism

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#### Devotion and Prayers

Read Acts 2:42–47.

The fellowship of believers. The communion of saints. These are phrases you hear in church, but you might wonder what these phrases mean. Both of them mean the same thing. The fellowship of believers and the communion of saints are the "big C" Church. All believers in the triune God—Father, Son, and Holy Spirit—are members of Christ's Church. This includes all who died in faith before us and those not even yet born whom the Holy Spirit will call to faith in Jesus. The "big C" Church is more than our minds can imagine.

When we partake of the Lord's Supper, we are also doing this in fellowship with all believers in Christ in the "big C" Church and with all the company of heaven. And as we celebrate this communion with Christ, we also celebrate with the angels, archangels, and all the company of heaven. The communion of saints participate in communion with Christ at His Holy Supper to receive forgiveness of sins in this life and to celebrate our life and salvation in Christ for eternity—this is the "big C" Church!

##### MEALTIME PRAYER

Dear Jesus, thank You for giving us Your body and blood to eat and to drink in Your Holy Supper. Through this Sacrament, we receive forgiveness of sins, life, and salvation. Thank You for nourishing our bodies also with food and drink that we share with our family. In Your name we pray. Amen.

##### BEDTIME PRAYER

Heavenly Father, keep us and the missionaries serving in Togo safe this night. Strengthen us through our sleep that we might serve our neighbors with happy hearts. Amen.



Visit [missionfriends.lcms.org](http://missionfriends.lcms.org)  
for additional activities.



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